

Kursplan

01.09.2025 - 07.09.2025

Cabriolo
Ernst-Abbe-Straße 33
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Montag 01.09.2025	Dienstag 02.09.2025	Mittwoch 03.09.2025	Donnerstag 04.09.2025	Freitag 05.09.2025	Samstag 06.09.2025	Sonntag 07.09.2025
<div style="background-color: #1a3d4d; color: white; padding: 5px; margin-bottom: 5px;">09:00 - 10:00 Smart Fit</div> <div style="background-color: #d9d9d9; color: black; padding: 5px; margin-bottom: 5px;">10:45 - 11:30 Reha - Sportgruppe</div> <div style="background-color: #00a651; color: white; padding: 5px; margin-bottom: 5px;">17:30 - 18:15 Gesunder Rücken</div> <div style="background-color: #1a3d4d; color: white; padding: 5px;">18:30 - 19:15 CTC Power</div>	<div style="background-color: #00a651; color: white; padding: 5px; margin-bottom: 5px;">11:00 - 12:15 Yoga</div> <div style="background-color: #d9d9d9; color: black; padding: 5px; margin-bottom: 5px;">16:30 - 17:15 Reha - Sportgruppe</div> <div style="background-color: #1a3d4d; color: white; padding: 5px; margin-bottom: 5px;">17:30 - 18:15 Bauch, Beine, Po</div> <div style="background-color: #1a3d4d; color: white; padding: 5px;">18:20 - 19:20 Workout Fatburner</div>	<div style="background-color: #00a651; color: white; padding: 5px; margin-bottom: 5px;">09:00 - 10:00 Gesunder Rücken</div> <div style="background-color: #d9d9d9; color: black; padding: 5px; margin-bottom: 5px;">10:15 - 11:00 Reha Sportgruppe</div> <div style="background-color: #1a3d4d; color: white; padding: 5px; margin-bottom: 5px;">17:45 - 18:15 Core</div> <div style="background-color: #1a3d4d; color: white; padding: 5px;">18:20 - 19:05 CTC Power</div>	<div style="background-color: #00a651; color: white; padding: 5px; margin-bottom: 5px;">16:15 - 17:00 betreuter Rückenkra...</div> <div style="background-color: #d9d9d9; color: black; padding: 5px; margin-bottom: 5px;">17:00 - 17:45 Reha Sportgruppe</div> <div style="background-color: #1a3d4d; color: white; padding: 5px; margin-bottom: 5px;">17:45 - 18:30 Bauch, Beine, Po</div> <div style="background-color: #00a651; color: white; padding: 5px; margin-bottom: 5px;">18:30 - 19:15 Gesunder Rücken</div> <div style="background-color: #00a651; color: white; padding: 5px;">19:30 - 20:45 Yoga</div>	<div style="background-color: #1a3d4d; color: white; padding: 5px; margin-bottom: 5px;">10:00 - 10:45 Funktionelles Zirke...</div> <div style="background-color: #1a3d4d; color: white; padding: 5px;">17:45 - 18:45 CTC Power</div>		<div style="background-color: #1a3d4d; color: white; padding: 5px;">10:00 - 11:15 Sundayfit</div>

Muskeln & Kraft
 Reha Sport
 Rücken & Gesundh...

Stand: 04.09.2025